

Name of Event	Community Speaking Event Links, Llanelli
Purpose	Raise awareness of the role of Llais
Organizational Body/Enw Cyswllt	Links, Llanelli
Date of Meeting	13.06.2024
Name of LlaisWW Representative(s)	Leanda Wynn and Michael Thomas
Venue	Links, Llanelli

Cefndir / Background

Links is a unique Llanelli Mental Health Charity, providing support and learning opportunities to those within our community who have or are experiencing mental ill-health. Links aims to help people to build their self-confidence and self-esteem by offering a range of supportive creative learning opportunities as well as progressive, person-centred personal development plans.

Pwyntiau'n codi o'r cyfarfod / Points Arising from Meeting

Twelve members of the group joined our round the 'kitchen table' informal talk.

Members of the group spoke openly about the services they receive from health and social care services.

Main concerns raised:

- Access to GP

- Prescriptions
- Waiting times for operation(s)
- Poor communication within health and social care services
- Lack of support / lack of information
- Lack of accessible information for example, people who are deaf / hearing impaired
- receiving calls from Service providers which is not followed up by a letter or text message
- Concerns over location of proposed new hospital, ie transport
- General concern over transport

To make sure everyone has the opportunity of sharing their stories, Llais has been invited back Wednesday 19 June.

Llais has also been invited to speak with veterans at their Saturday morning breakfast clubs and at the NAFFI coffee mornings.